

### Breastfeeding Services in the Central West LHIN

<b>Hospital Outpatient Services</b>			
Brampton Civic Hospital	Mon, Tues.	9:30 - 18:00	(905) 494-2120 x50076
	Wed, Thurs, Fri	9.30 - 14.30	
	Sat.	9.00 – 15.00	
Etobicoke General Hospital	Mon - Sun	8:00 - 16:00	(416) 747-3400 x32303
Headwaters Health Care Centre (Orangeville)	Tues and Thurs	13:00- 1530	Located at Wellington- Dufferin- Guelph Public Health see below
Trillium Health Centre	Mon., Wed., Fri.	9:00 -17:00	(905) 848-7653
	Tues., Thurs.,	9:00 -19:30	

<b>Community Services</b>			
<b>Region of Peel - Public Health</b>	Telephone support		(905) 799-7700
Bramalea Civic Centre Breastfeeding Clinic	Mon. - Fri.	8:30-16:30	(905) 799-7700
Meadowvale Town Centre Breastfeeding Clinic	Mon. - Fri.	8:30-16:30	(905) 799-7700
Region of Peel Breastfeeding website ( <a href="http://www.breastfeedinginpeel.ca">www.breastfeedinginpeel.ca</a> )			
The Doctors Breastfeeding Clinic <a href="http://www.doctorsbfc.com">www.doctorsbfc.com</a>	Mon. - Fri.	9:00 -11:30	(905) 456-2396
Wellington-Dufferin-Guelph (Orangeville) Public Health Unit	Tues and Thurs	1300-1530	1(800) 265-7293 x3616
Milton District Hospital Breastfeeding Clinic	Mon., Wed.,	12:00 - 16:00	(905) 878-2383 x 7610
	Tues.,	9:30 - 14:00	
	Thurs	18:00 - 21:00	
	Fri.,	App't Only	
Halton Region Health Department	(905) 825-6000 x 2948 or 1(866) 442-5866		
Le Leche League Canada Support Group			(416) 483-3368
			1(800) 665-4324
<b>Toronto Public Health</b>	Telephone support		(416) 338-7600
Toronto Public Health Breastfeeding Information and Resources at <a href="http://www.toronto.ca/health/breastfeeding">www.toronto.ca/health/breastfeeding</a>			
Telephone support and home visits	Mon ~ Fri	8:30 - 16:30	(416) 338-7600
<b>Lactation Consultants</b>			
Birth Beginnings <a href="http://www.birthbeginnings.com/Resources.aspx#Lactation%20Consultants">www.birthbeginnings.com/Resources.aspx#Lactation%20Consultants</a> Breastfeeding.com <a href="http://www.breastfeeding.com/directory/states/canada.html">www.breastfeeding.com/directory/states/canada.html</a>			
<b>Motherisk</b>			
Medication and Breastfeeding Information <a href="http://www.motherisk.org">www.motherisk.org</a>			(416) 813-6780

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